

ABSTRACT

An apparatus and method to attach or detach items, including a rockable magnetic apparatus to enable adhesion and releasing of elements to or from a surface. The apparatus may include a rigid body, magnets, and sides or portions that meet at a base at an angle greater than 180 degrees. The apparatus may enable one-handed or single action operation, and may prevent the falling of the magnetic apparatus and/or the items being held by it. The apparatus may include a foldable or detachable side, and may enable attachment of items between at least two portions of the apparatus. A plurality of items may be connected.